

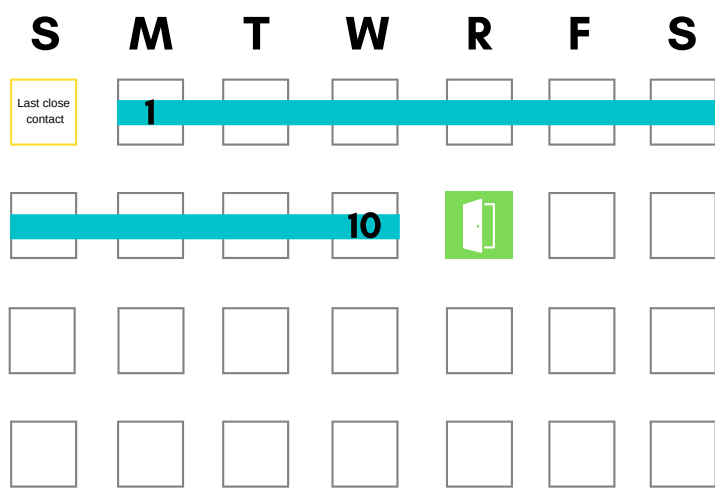
COVID-19 Positive or Exposed

When can I be around others again?

SCENARIO 1 Close Contact and Quarantine

Sasha's partner gets sick on Sunday and isolates in a separate room. Sasha feels well, but she was in close contact with her partner until Sunday so she needs to **quarantine** for 10 days.

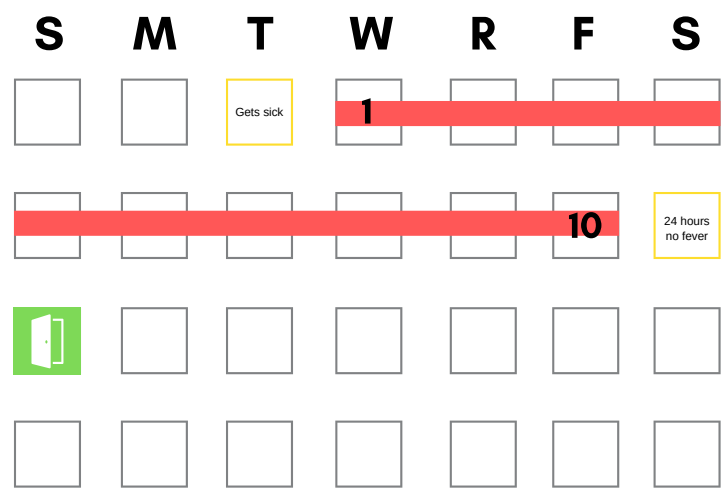
Sasha never has symptoms. Quarantine ends after day 10.



SCENARIO 2 Isolation with Lingering Symptoms

Alberto gets sick on Tuesday and has a fever and cough for ten days. He cannot end **isolation** until it's been ten days and he's fever-free for 24 hours.

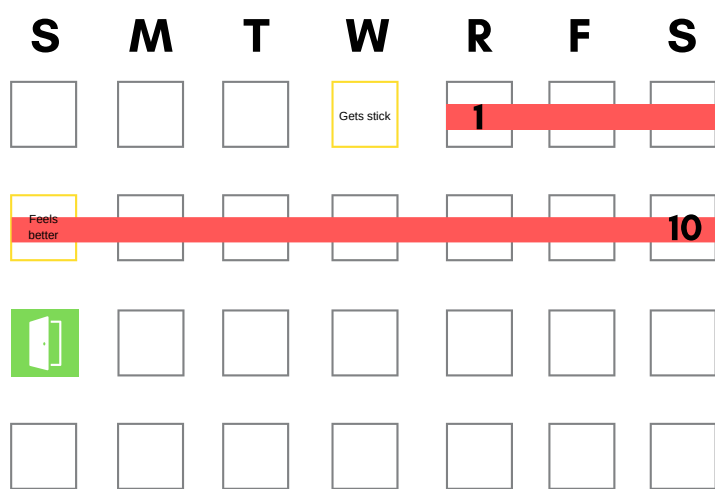
Alberto isolates the ten days plus one extra day.



SCENARIO 3 Isolation with Brief Illness

Bill gets sick on Wednesday. He feels better and his fever ends on Monday. Even though he seems well earlier, he still must **isolate** for a full ten days since his symptoms started.

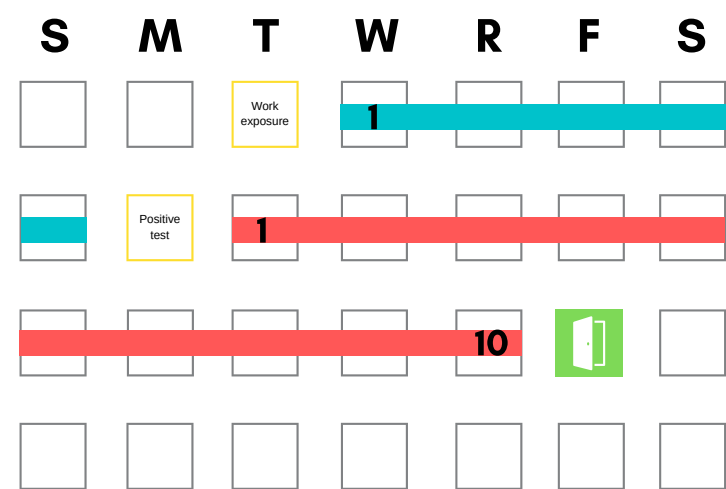
Bill's isolation ends after ten days.



SCENARIO 4 Asymptomatic Case

Amy's co-worker tested positive for COVID-19. Amy began to **quarantine** and decided to get tested after five days even though she never felt sick. Her test comes back positive.

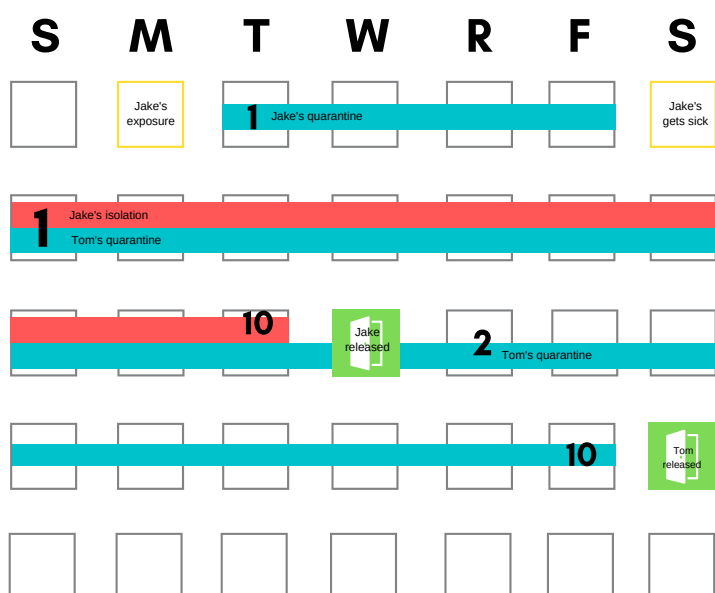
The positive test starts **isolation** since Amy is asymptomatic.



SCENARIO 5 Household Quarantine and Isolation

Tom's son, Jake, was exposed at school. Jake **quarantines** for four days and gets sick. Now, Jake **isolates** and Tom **quarantines**. Tom cares for Jake. He is exposed until Jake's isolation ends.

Tom's **quarantine** starts as soon as Jake gets sick, but the 14 day count starts after Tom's last exposure to Jake.



Definitions

Isolation

for people with symptoms or a positive COVID-19 test. Isolate from others including household members.

Quarantine

for people who are well but who are close contacts of (i.e. exposed to) someone who is infected

Close Contact

someone who was within 6 feet of a person who is sick for 15 minutes or more (can be cumulative) within a 24-hour period. This can be anytime during the sick person's isolation or two days before the person got sick. This is regardless of face mask use.



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