



## Cape Girardeau County Public Health Center

1121 Linden, P.O. Box 1839  
Cape Girardeau, MO 63702 – 1839  
www.cgcohealthdept.com  
Phone (573) 335-7846 Fax (573) 335-5909

Friday, April 10, 2020

### Weekly Provider Update--- COVID-19

This summary is to inform you of important changes to current recommendations or alert you to situations that require your awareness. It is not meant to replace the guidance documents that are being shared. Items below are simply an overview of pertinent information for the week.

- **CDC Recommends Use of Cloth Masks in Public Areas Where Large Groups May Gather:**
  - A significant portion of individuals with coronavirus lack symptoms (“asymptomatic”) and even those who eventually develop symptoms (“pre-symptomatic”) can transmit the virus to others before showing symptoms.
  - CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies) especially in areas of significant community-based transmission.
  - The cloth face coverings recommended are **NOT** surgical masks or N-95 respirators.
  
- **Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a Person with Suspected or Confirmed COVID-19:**
  - To ensure continuity of operations of essential functions, CDC advises that critical infrastructure workers may be permitted to continue work following potential exposure to COVID-19, provided they remain asymptomatic and additional precautions are implemented to protect them and the community.
  - Critical Infrastructure workers who have had an exposure but remain asymptomatic should adhere to the following practices prior to and during their work shift:
    - Pre-screening
    - Regular monitoring
    - Wear a mask
    - Social distance
    - Clean and disinfect work spaces.
  - Complete guidance can be found at: <https://www.cdc.gov/coronavirus/2019-ncov/community/critical-workers/implementing-safety-practices.html>
  
- **Traditional Easter Sunday Services are Strongly Discouraged:**
  - This Easter Sunday and Passover the Cape Girardeau County Public Health Center is asking residents to **STAY and PRAY**.
  - Drive-in services for parishoners can occur so long as cars are parked at least 6 feet apart and parishoners do not gather inside the building for any reason.
  - We recognize the importance of faith during these times and want to be respectful of those religious practices but want everyone to be safe.